

---

# City of Fitchburg Other Post-Employment Benefits



**Actuarial Valuation  
January 1, 2009**



STONE  
CONSULTING, INC.



---

## TABLE OF CONTENTS

	Page
<b>Section I – Management Summary</b>	
Introduction -----	1
Summary of Actuarial Results -----	2
Valuation Methodology and Assumptions -----	4
Data -----	13
Funding -----	14
Calculation of the Net OPEB obligation (NOO) -----	19
Implementation -----	20
Recommendations and Comments -----	21
<b>Section II – Actuarial Valuation Details</b>	
Plan Participation -----	24
Summary of Results -----	28
Schedule of Funding Progress -----	28
Funding Schedule -----	29
Sensitivity Analysis -----	30
Breakdown for Enterprise Funds -----	33
Actuarial Methods and Assumptions -----	34
Principal Plan Provisions Recognized in Valuation -----	42
Glossary -----	43
Acknowledgement of Qualification -----	45



## SECTION I MANAGEMENT SUMMARY

### Introduction

This report presents the results of the actuarial valuation of the City of Fitchburg Other Post-employment Benefits as of January 1, 2009. The valuation was performed for the purpose of measuring the actuarial accrued liabilities associated with these benefits and calculating a funding schedule. These results are used in satisfying the requirements under the Governmental Accounting Standards Board Statement No. 45.

The valuation was based on participant data as of January 1, 2009 supplied by Fitchburg and the Massachusetts Teachers Retirement Board. The provisions reflected in the valuation are based on Chapter 32B of the General Laws of the Commonwealth of Massachusetts and related statutes and the benefits provided by the City.

We are pleased to present the results of this valuation. We are available to respond to any questions on the content of this report. Please note that this report is meant to be used in its entirety. Use of excerpts of this report may result in inaccurate or misleading understanding of the results.

Respectfully submitted,

*STONE CONSULTING, INC.*

January 6, 2010

---

Kevin K. Gabriel, FSA, MAAA  
Member, American Academy of Actuaries

---

Lawrence B. Stone  
Member, American Academy of Actuaries

5 West Mill Street, Suite 5  
Medfield, MA 02052  
Tel. (508) 359-9600  
Fax. (508) 359-0190  
E-mail [Lstone@stoneconsult.com](mailto:Lstone@stoneconsult.com)



---

## Summary of Actuarial Results

The actuarial values in this report were calculated consistent with the Governmental Accounting Standards Board (GASB) Statement No. 45, *Accounting and Financial Reporting by Employers for Postemployment Benefits Other Than Pensions*, issued June 2004. Values at two discount rates are presented. The 7.50% discount rate represents the expected rate of return for a funded plan with a longer-term investment horizon. For an unfunded plan, the GASB Statement No. 45 calls for the use of a discount rate approximating the rate of return of Fitchburg's general assets. The rate we recommend for Fitchburg is 4.25%. The OPEB liability is extremely sensitive to this assumption. If the unfunded rate were used, the Annual Required Contribution (ARC), Accrued Actuarial Liability (AAL), and the Normal Cost increase dramatically.

The summary results are as follows:

- Actuarial Accrued Liability ("AAL") is the "price" attributable to benefits earned in past years. The total AAL as of January 1, 2009 (at 4.25% discount rate) is \$177,764,363. This is made up of approximately \$85.9 million for current active Fitchburg employees and approximately \$91.8 million for Fitchburg retirees, spouses and survivors.
- The Normal Cost is the "price" attributable to benefits earned in the current year. The Normal Cost as of January 1, 2009 (at the 4.25% discount rate) is approximately \$6.6 million.
- Based on a thirty-year funding schedule (at the 4.25% discount rate), the Fiscal 2009 contribution would be \$13,158,849 . This figure is referred to as the Annual Required Contribution (ARC). This figure should be contrasted with the ARC using the fully funded 7.50% rate of \$9,215,317. These compare to the pay-as-you-go contribution of the existing costs for current retirees of \$5,443,728. For an illustration of how payment of the ARC impacts the funding of the plan over time, please refer to the "Illustrative Funding Schedule" discussion beginning on page 14 and the accompanying table on page 29. The following table shows the breakdown of the Actuarial Accrued Liability between future



*Other Post-Employment Benefits Valuation  
as of January 1, 2009*

retirees and current retirees, as well as the normal cost, at Fitchburg's different discount rates:

<b>Actuarial Results as of January 1, 2009</b>	<b>7.50% Rate</b>	<b>4.25% Rate</b>
Current Actives	\$45,089,338	\$85,924,473
Current Retirees, Beneficiaries, Vesteds and Survivors	<u>\$65,128,856</u>	<u>\$91,839,890</u>
Total AAL	\$110,218,194	\$177,764,363
Normal Cost	\$3,178,945	\$6,592,204
ARC	\$9,215,317	\$13,158,849



---

## Valuation Methodology and Assumptions

### *VALUATION METHOD*

The valuation of the other post-employment benefits is based upon the projected unit credit actuarial cost method. Under this method, future health care benefit cost is projected using assumed rates of annual health care cost increases (health care cost trend rates). The cost of future expected life insurance death benefits is added to the projected medical cost. The actuarial value of the future expected benefits is allocated proportionately over a health plan member's working lifetime.

A normal cost (or service cost) is determined for each year of the member's creditable service and is equal to the value of the future expected benefits divided by the total expected number of years of service. This is similar to a normal cost in a retirement actuarial valuation. The Actuarial Accrued Liability is the accumulated value of prior normal costs, similar to the actuarial accrued liability in a retirement actuarial valuation, and represents the liability associated with prior service.

### *GASB Statement No. 45*

The actuarial cost method used in this valuation is consistent with the Governmental Accounting Standards Board (GASB) Statement No. 45, *Accounting and Financial Reporting by Employers for Postemployment Benefits Other Than Pensions*, issued June 2004. It is one of the allowable cost methods specified in that accounting standard, and is the cost method most similar to the prescribed method of accounting for these benefits in the private sector described in the Financial Accounting Standards Board Statement 106 (FAS 106).

### *Difference Between FAS 106 and GASB Statement No. 45*

The GASB Statement No. 45 differs in one important regard from the actuarial cost method described in the private sector accounting standard. In the FAS 106 methodology, benefits are considered to be fully earned in the first 10 years of service, since members become vested in



the retirement benefits in 10 years. Compared to the FAS 106 method, the GASB Statement No. 45 attribution method produces a lower accrued liability for future retirees. The cost of the benefit is spread over the expected working lifetime of the employee. This makes the cost of the benefit associated with the years of service the employee is providing. This is more appropriate for the public sector due to the relative permanence of public entities compared to private entities. There are other significant differences between the GASB Statement No. 45 and FAS 106, most noticeably in the choice of discount rate. The GASB Statement No. 45 discount rate assumption is discussed below.

### *ACTUARIAL ASSUMPTIONS*

Details of the assumptions used in this valuation are shown in Section II. Here we present a brief discussion of the assumptions selected.

#### *Demographic and Financial Assumptions*

These include discount rates of 7.50%, and 4.25% as well as mortality, disability, withdrawal and retirement rates. The two discount rates apply to the two scenarios of either a fully funded or unfunded program. A fully funded program is when the employer contributes 100% of the ARC each year. An unfunded program is where the only amount contributed is used to pay benefits during the year so no assets accumulate. GASB Statement No. 45 indicates that the discount rate for an unfunded post employment benefit plan should be based on the degree to which the plan is funded. For an unfunded plan, the rate of return on the employer's general assets should be used. We have used a rate of 4.25% for this. This is the rate we are recommending for Fitchburg. For a fully funded plan, GASB statement No. 45 allows one to use a long-term investment rate such as what would be used for a defined benefit pension fund. The rate we are currently using for this is 7.50%. However, if Fitchburg decides to fully fund its plan, the discount rate would depend on the allocation of the investment assets. For a plan where the City has been setting aside some funds toward the liability above the pay-as-you-go amount, but less than the full ARC ("partially" funded), a rate in between these two levels should be used. It should be noted that the rate of return assumption could change significantly in the future due to changes in the economic environment.



We recommend that Fitchburg adopt a funding policy for its OPEB benefits. The funding policy would describe the amounts and timing of the contributions. The GASB statement does not have a requirement for a formal funding policy document but indicates that a formal funding policy should be adopted. We recommend that the City detail its intent with either a written document or in the minutes of a meeting.

The discount rate would change if the City implements funding above the pay-as-you-go amount. Such a change could lead to a higher discount rate, possibly significantly so.

#### *Health Care Plan Assumptions*

Assumptions unique to post-retirement medical plans include initial annual health care costs and annual health care cost increase (trend) rates, Medicare eligibility, plan participation and coverage election rates.

- *Current health care costs by age*

Initial health care cost assumptions were derived from premium rates for the various health care plans in-force at January 1, 2009. Typically, we analyze the plans offered in terms of four different categories: whether the plan offered is Commercial (not integrated with Medicare) or Medicare Supplement and whether the plan is Indemnity (where reimbursements are a function of billed charges) or Managed Care (where reimbursements are a function of negotiated contracts). Grouping the plans in this manner allows us to maintain a reasonable degree of granularity in our analysis. At the same time, it avoids the problem of a lack of credibility that often arises if one attempts to analyze every plan separately.

In the case of Fitchburg there are plans in all of these four categories. The City offers six Commercial Managed Care plans, a single Commercial Indemnity Plan, two Medicare Managed Care plans and a single Medicare Indemnity Care plan.

For all of these groups, weighted-average costs for each plan grouping were calculated based on the actual Fitchburg active and retiree population enrollments. For categories with more





than one plan, costs were based on an average weighted by enrollment. However, in order to capture the effect of aging on health care costs, an assumption is required for the increase in health care costs as a person ages. We based our aging assumption on a study sponsored by the Society of Actuaries Health Section in August 2003. The effect of this aging assumption is illustrated in the table of “Initial Monthly Health Care Costs” in the Actuarial Methods and Assumptions section of this report. This method was applied to both the Commercial and the Medicare plans. By age-grading the claim costs, we account for the subsidy of older employees by younger employees implicit in a flat premium rate (also referred to as the “Attributed Cost” of each employee). That is, the cost of an active 20-year old employee, for example, is much less than the cost of a retired 80-year old employee. But, the premiums charged the City are flat – the same for both of these people. Thus, the 20-year old in our example is overcharged and the 80-year old is undercharged by a flat rate premium. Age-grading makes this subsidy or mischarge explicit in the claim costs at each age. For the purposes of the GASB valuation, this subsidy needs to be taken into account in determining the retiree liability and normal cost.

- **Cost trends**

The claim rates developed using the methodology described above must be projected over the life of each retiree. For this purpose we use trend rates calculated to reflect the general rate of increase in Health Care costs. Since we did not have adequate data to develop trend rates unique to Fitchburg’s experience, we used trends based upon Stone Consulting’s understanding of current health care rate increases.

We developed different trends for each of the categories of plans for which we also developed claim costs. These factors were applied to the premium-based claim rates. In the case of Fitchburg, the rate increase in the first year (new rates at 7/1/2009) were known, so these figures became our first-year trend values. We had not reflected these rates in our original work. Subsequent year trends were based on our understanding of the trends.

It should be noted that premium rate increases typically include factors other than health care



cost increases, such as aging of the covered population, that are reflected elsewhere in our valuation methodology. Therefore, premium rate increases are not themselves a proxy for health care trends. However, they do give some indication of the level of expected cost increases.

As is typical in post-retirement medical valuations, initially higher rates of health care cost trend are assumed to decrease over time to an ultimate rate consistent with long-term economic assumptions. Our general set of trend assumptions has Commercial Managed Care trends that begin at 10% and scale down to 5%. The Commercial Indemnity trends begin at 11% and scale down to 6%. For Medicare, the Indemnity trend rates begin at 10% and scale down to 6% while the Managed Care trend rates being at 9% and scale down to 5%. These different sets of trend rate reflect our belief that (1) Managed Care plans, with their negotiated pay levels and tighter controls, will exhibit lower trends than unmanaged Indemnity plans; and (2) Commercial plans will be subject to modestly higher trends than Medicare plans due to cost shifting induced by cutbacks in the federal government's payment of Medicare costs. As mentioned above, in our revision of the valuation, we did alter the first year trend rates to reflect the already known rates of change in the rates for the first year, which occurred at 7/1/2009. These altered factors (which are shown in the appendix) were based on the weighted average change in rates in each category.

These trend rates should be thought of not as a forecast but as a reasonable progression of rates based on historic patterns. For many years, health care cost increases have been particularly volatile, and this actuarial assumption should be reviewed and, most likely, reset every year or two. Implicit in our health care cost trend assumptions is that the general rate of medical inflation will moderate due to economic pressure on insurers, employers, employees, retirees, government entities, and health care providers. As expectations of future health care cost increases change, they will be reflected in future valuations, resulting in actuarial gains/losses. These will be incorporated in the future costs and funding schedules. In this manner, there is a systematic means of adjusting to changes in the health care environment.



- **Sensitivity analysis**

The effect of increasing health care costs is extremely significant in an actuarial valuation of post-employment health benefits. As experience emerges the trend assumptions we have used are unlikely to be realized exactly. To illustrate the effect of different trend rates on the actuarial valuation results, we have included a sensitivity analysis of the effect on the actuarial accrued liability, normal cost and annual required contribution of a 1% increase or decrease in the health care cost trend assumption. We have also included a sensitivity analysis of the effect on the actuarial accrued liability, normal cost and annual required contribution of a 0.50% increase or decrease in the discount rate assumption.

- **Timing**

All values discussed in this report are based on a January 1, 2009 valuation. This means that the first year of the valuation is January 1, 2009 through December 31, 2009. It is permissible, under GASB Statement No. 45, to use these values, without adjustment for interest or any other timing factor for a limited future time period. For an entity such as Fitchburg, which will be doing a valuation every two years, the standard allows use of data “not more than twenty-four months before the beginning of the first of two years for which the valuation provides the ARC.” This means that it is acceptable for us to use the January 1, 2009 results without adjustment when discussing the 2009 fiscal year. Included are projected costs for the fiscal year after the 2009 fiscal year. If you do not make any cash contributions or there are no significant plan changes you will be able to use the results for both fiscal years.



- Medicare

Medicare eligibility is an important assumption with regard to future costs. For those entities that have adopted Section of 18 of Chapter 32 B of the code, we will assume that active employees who were hired after March 31, 1986 will be Medicare eligible due to their mandated participation in the Medicare program. Active employees prior to that employment date are assumed to be 85% Medicare eligible.

- Medicare Changes

The Medicare Prescription Drug, Improvement and Modernization Act of 2003 introduced significant changes to the Medicare program and its interaction with employer-sponsored post-retirement benefits. Medicare beneficiaries are able to participate in a voluntary, prescription drug coverage program. In order to encourage employers, including public-sector employers, to continue providing prescription drug coverage to retirees, the Act provides for a cash subsidy to employers whose prescription drug coverage is deemed to be actuarially equivalent to the new Medicare Part D drug coverage. This cash subsidy can be used to offset partially the cost of retiree medical benefits, including potentially reducing the accrued liability for a portion of the drug benefits provided by a retiree medical plan. The Act may have additional impact on retiree plan choices, as Medicare-eligible retirees may opt for the Part D coverage rather than an employer's plan options. Such changes, if they occur, may affect the selection of future actuarial assumptions.

GASB has indicated that the subsidy should not be included as part of the OPEB valuation. The reason being that the subsidy is considered general governmental revenue and as such is not earmarked towards the funding of OPEB benefits.

- Health plan coverage election

Assumptions must also be made regarding the participation in health plans when active members retire and when those already retired turn age 65. Using data supplied by Fitchburg, Stone Consulting modeled the behavior of employees as they moved from being active to being retired or moved from being an under age 65 retiree to being an age 65+ retiree. Such



modeling involved an analysis of the distribution of the plans chosen by current retirees, the possible plans available to those who will retire in the future, and our opinions about the likely future course of retiree medical care. Such models are applicable to actives and to retirees not yet age 65, since both of these groups will have the option to select plans at key ages. It should be kept in mind that these percentages are applicable even to actives not currently enrolled in a medical plan. The reason for this is that these people could change their behavior and enroll in a plan at retirement. The likelihood that they (or other actives) elect to do so is controlled by the participation assumption (see below). Some retiree groupings do not require any modeling. For example, retirees over age 65 are assumed to remain in the plans they have already selected. If they have opted out of Fitchburg coverage, we assume they will continue to do so. Similarly, those retirees under age 65 already in Medicare plans are assumed to remain in those plans for life. These are people who are disabled or have certain medical conditions that qualify them for Medicare early. Pre age 65 retirees in Commercial plans are assumed to stay in their current plan until age 65. At that point, they may migrate to a different plan. We have modeled their possible choices at age 65 and reflected that in our assumptions. Active employees over age 65, once they retire, are assumed to make the same sorts of selections as retirees at age 65. The following table shows the way we modeled the choices at each of the key ages.

<b>Fitchburg Participant Behavior at Key Ages</b>			
Status	Age	Pre-65 Retirement	65+ Retirement
Active	Under 65	85% Commercial Managed Care 15% Commercial Indemnity	10% Medicare Managed Care 88% Medicare Indemnity Rest in Commercial Plans
Active	65+	NA	10% Medicare Managed Care 88% Medicare Indemnity Rest in Commercial Plans
Retired	Under 65	Current Plan	10% Medicare Managed Care 88% Medicare Indemnity Rest in Commercial Plans or Actual Plan if already in Medicare
Retired	65+	NA	Current Plan



## Participation

In addition to determining the choices that retirees will make among plans, there is also the issue of whether the retiree will elect coverage at all. The rate at which retirees elect coverage is called the “Participation” Rate. Stone Consulting conducted a study of Fitchburg retirees to determine the historical frequency at which retirees elect to take medical coverage. Based on this study, we assumed that 80% of future eligible retirees will elect health plan coverage. For spouses of retirees, we have assumed that 80% of them will elect coverage if the retiree is still living. However, for surviving spouses, we have assumed a 60% participation level because the contribution requirement from surviving spouses is higher (51%) than it is for spouses of a living retiree. For Life Insurance, we also assumed that 80% of future retirees will elect coverage.



## Data

The participant census data for the valuation study was supplied by Fitchburg, Fitchburg Retirement System and by the Massachusetts Teachers Retirement System. Participants include Fitchburg active employees including teachers, retirees, disability retirees, surviving spouses, and inactive former employees with 10 or more years of service who qualify for a vested retirement benefit.

The participant census data was not audited by Stone Consulting, Inc. However, it was checked for reasonableness.

Results presented in this report reflect an accurate count of active school system employees, including those who do not have coverage. At the time of the presentation, we did not have this information and made some assumptions in order to present results we felt were reasonable.

Summaries of active participants and Fitchburg retiree census data are included in Section II.



## Funding

There are alternative ways to plan for the payment of post-retirement health and life insurance benefits: continue to fund on a pay-as-you go method, contribute on an ad-hoc basis to a fund for this purpose, or develop a funding schedule in which the unfunded amount is amortized over some number of years. With the funding schedule, the normal cost must continue to be paid each year to keep current.

There is no legal requirement to prefund these post-employment benefit liabilities. Nor does GASB Statement No. 45 require actual prefunding; however, its accounting requirements will serve to highlight the substantial unfunded accrued liabilities associated with these benefits.

### *ILLUSTRATIVE FUNDING SCHEDULE*

The GASB Statement No. 45 is designed to account for non-pension post-employment benefits using an approach similar to the accounting for retirement benefits. It develops an Annual Required Contribution (“ARC”) that is based on the Normal Cost plus an amortization of the Unfunded Actuarial Accrued Liability (“UAAL”). To the extent that actual contributions equal to the ARC are made by the employer to the post-employment health benefit plan, no additional liability will be required to be shown on Fitchburg’s balance sheet. Employer contributions may be in the form of benefit or premium payments or contributions to a fund set aside for future benefit payments. Such a fund must meet the requirements set out in the accounting standard.

We have calculated an illustrative funding schedule for the other post-employment benefits, consistent with the GASB Statement No. 45. This funding schedule assumes that Fitchburg funds 100% of the ARC and begins with Fitchburg’s Fiscal Year 2009. The full schedule is shown in Section II.





### *Development of Funding Schedule and Annual Required Contribution*

The contribution amount under a fully funded scenario using the 7.50% discount rate for Fiscal 2009 is \$9,215,317. Part of this comes from the amortization of the January 1, 2009 Unfunded Actuarial Accrued Liability (UAAL) of \$110,218,194. Because there are no funds set aside, the UAAL is equal to the total actuarial accrued liability (AAL). The UAAL is amortized over thirty years using an increasing amortization payment at the rate of assumed payroll increase due to inflation (3.50%). The funding contribution is the amortization payment plus the projected normal cost. Under the GASB Statement No. 45, thirty years is the maximum amortization period allowed. Shorter periods of time and/or other amortization patterns could be considered. The thirty-year funding schedule shown produces the lowest possible Fiscal 2009 contribution under the GASB parameters. It should be noted that the contribution is assumed to be made at the beginning of the fiscal year, so the first contribution is assumed to be made July 1, 2009. The amount of the amortization payment in the first year is \$6,036,372. For the purposes of this schedule, we have not adjusted the January 1, 2009 liability for timing by applying interest to it.

Yearly contributions will increase, as both normal cost and amortization payments increase each year.

The remaining part of the ARC is the cost of the current year's benefit accrual, the normal cost, of \$3,178,945. It should be noted that it is acceptable under GASB Statement No. 45 to use an "open amortization period" in which a thirty-year or shorter period is used each year. We have not used the open amortization method, but instead used a closed amortization period in which the amortization is fixed over a thirty-year period starting on the initial adoption of GASB Statement No. 45 (Fiscal Year 2009).

### *Cash Flow Consideration*

We have analyzed the cash flow of a funded post-employment medical trust by comparing the expected payouts of claims over the thirty-year period to expected contribution levels. If the

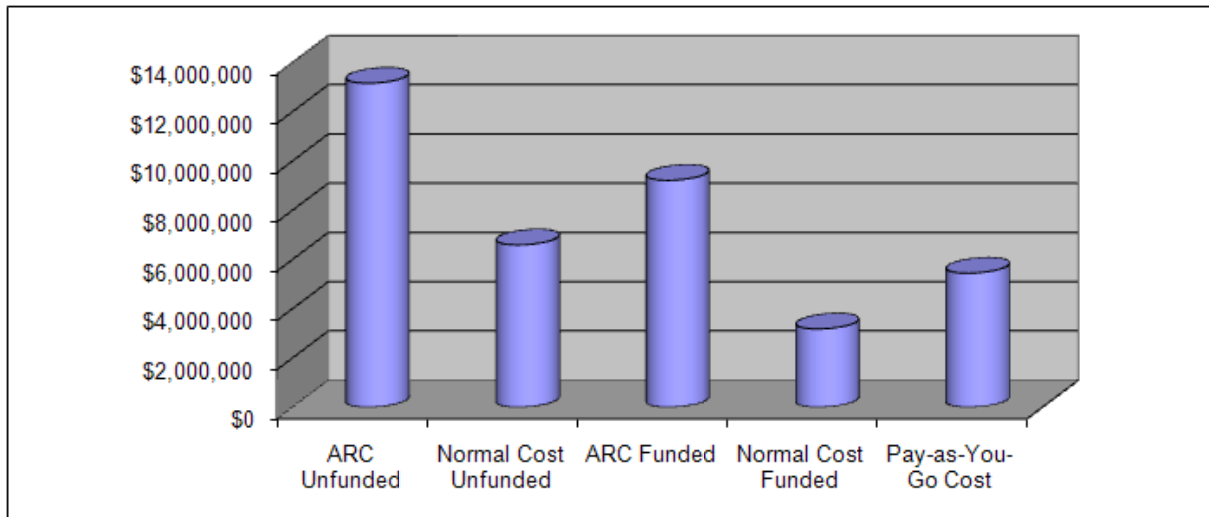


actuarial assumptions are met, the funded amounts will be sufficient to cover annual benefit payments each year. Prior to adopting a funding schedule we recommend additional analysis be conducted to examine the effects of potential actuarial gains and losses on the cash flow.

*FUNDING VERSUS PAY-AS-YOU-GO VERSUS PARTIAL FUNDING*

Currently, most Massachusetts governmental entities are paying for their post-employment medical benefits on a pay-as-you-go basis. This means that no amount in excess of the actual cost for the year is paid. All such entities must report figures for GASB Statement No. 45 based on the unfunded discount rate. Fitchburg has elected, to date, to follow this course of action. It has not indicated that it has any intent to fund more than the pay-as-you-go cost.

In order to understand the impact of not funding versus funding completely, a comparison of the ARCs and normal costs (the contribution amount if the UAAL was \$0) under both scenarios, and the pay-as-you-go amount is illustrated in the following chart:



The chart depicts the advantage to the entity of even a partial funding policy, since the ARC and Normal Cost are significantly higher under the unfunded scenario.

As can be seen in the funding schedule, the retiree medical plan’s normal cost will increase each year, so that by the time the initial unfunded liability is fully amortized, the required annual contribution will be substantially higher than is illustrated here for the first year. The



pay-as-you-go costs will also increase dramatically as more and more employees retire. A projection of annual expected retiree pay-as-you-go costs is included with the funding schedule.

It is very important to understand that, in order to utilize the higher discount rate that goes with the fully funded or partially funded scenarios, there must be a “Funding Policy.” That is, the City must intend to continue to payments and, in the future, must actually make them. Should the policy not be followed in future years, an adjustment to the discount rate would need to be made. As the figures above illustrate clearly, there is an iterative relationship between the degree of funding and the amounts that must be shown as liabilities, amortization payments, and normal cost figures. Lower funding levels lead to higher amounts for these key figures.

The partial subsidy of prescription drug benefit costs that is available under the Medicare Prescription Drug, Improvement and Modernization Act of 2003 is a potential source of funds for a portion of the retiree medical costs. To the extent that this subsidy reimburses Fitchburg for drug benefits it would already be paying for, the additional cash from the subsidy could be used to help pre-fund future benefits. The magnitude of any future subsidy is only a small portion of the additional cost to fund. Other plan design changes, such as a carve-out of prescription drug coverage, may yield greater opportunities for savings.

#### *DETERMINATION OF THE NET OPEB OBLIGATION (NOO)*

The Statement does not require Fitchburg to put its entire Actuarial Accrued Liability on its books immediately as a liability. Rather, a cost is applied to its assets each year. Over time this cost, which is called the OPEB Cost, will add up to the total liability. The total liability at any point in time is called the Net OPEB Obligation (NOO).



For the first year of funding, the OPEB Cost and ARC are identical. Amounts contributed toward the cost of other post-employment benefits must then be deducted. These amounts include: 1) actual premiums paid; 2) the extra implied costs or “implicit subsidy” associated with covering retirees; 3) any additional amounts paid during the year. Item three is not applicable to an entity such as Fitchburg that has chosen not to fund its obligation either in whole or in part. The Net OPEB Cost is the OPEB Cost less these amounts. For year one, where there is no prior NOO on the financial statement, the Net OPEB Cost is the same as the Net OPEB Obligation.

Starting year two, the OPEB Cost must recognize not only the Normal Cost and Amortization Cost for the year but also add interest on the prior year’s NOO as well as subtract Annual Required Contribution (ARC) adjustment to prevent double counting of the prior year’s NOO. The interest and the ARC adjustments somewhat offset each other so the net impact is not large. The total contributions are then subtracted from the OPEB Cost and the result is added to the prior year’s NOO. In this manner, the difference between each year’s ARC and the contributions are accumulated.

Please refer to the following table on page 19 in the following discussion.

If Fitchburg continues its current policy and contributes on a pay-as-you-go basis, without any prefunding, the unfunded actuarial accrued liability used in the calculation would be \$177,764,363. We have not illustrated this with a “funding” schedule. The following chart projects the ARC, Pay-As-You-Go, Annual OPEB Cost and the Net OPEB Obligation for 8 years under the unfunded scenario. The Annual OPEB cost is the ARC plus an adjustment for interest not included in the ARC calculation. The Net OPEB Obligation is the accumulation of the Annual OPEB Cost minus any contributions. This is the amount that is subtracted from the Net Assets on your balance sheet. In the unfunded case, the contributions are the attributed pay-as-you-go amounts.



CALCULATION OF NET OPEB OBLIGATION

"Funding" Schedule at 4.25%

Year	UAL	Normal Cost <sup>1</sup>	Amort. <sup>1</sup>	ARC	Interest on NOO <sup>1</sup>	ARC Adjust. <sup>1</sup>	OPEB Cost	Total Contribs. <sup>1</sup>	Change in NOO	NOO
2009	\$177,764,363	\$6,592,204	\$6,566,645	\$13,158,849	NA	NA	\$13,158,849	\$5,443,728	\$7,715,121	\$7,715,121
2010	\$186,633,518	\$6,872,373	\$7,107,216	\$13,979,589	\$327,893	\$293,801	\$14,013,681	\$5,736,707	\$8,276,974	\$15,992,095
2011	\$195,872,547	\$7,164,449	\$7,698,556	\$14,863,005	\$679,664	\$628,552	\$14,914,117	\$6,188,164	\$8,725,953	\$24,718,048
2012	\$205,347,774	\$7,468,938	\$8,129,455	\$15,598,392	\$1,050,517	\$978,556	\$15,670,354	\$6,395,070	\$9,275,284	\$33,993,331
2013	\$215,331,870	\$7,786,367	\$9,050,963	\$16,837,331	\$1,444,717	\$1,428,829	\$16,853,218	\$6,664,787	\$10,188,431	\$44,181,763
2014	\$225,795,822	\$8,117,288	\$9,835,942	\$17,953,230	\$1,877,725	\$1,924,612	\$17,906,343	\$6,958,364	\$10,947,979	\$55,129,742
2015	\$236,749,727	\$8,462,273	\$10,705,246	\$19,167,519	\$2,343,014	\$2,492,833	\$19,017,700	\$7,324,157	\$11,693,543	\$66,823,285
2016	\$248,155,334	\$8,821,919	\$11,667,845	\$20,489,764	\$2,839,990	\$3,141,918	\$20,187,836	\$7,573,862	\$12,613,974	\$79,437,259

<sup>1</sup>For all years, Total Contributions are equal to the implicit premiums paid.



## Implementation

According to the GASB Statement No. 45, its provisions would be effective for Fitchburg fiscal years beginning after December 15, 2007. The timing is due to Fitchburg being a “Tier 2 government under GASB 34”. In the first fiscal year of adoption, Fiscal 2009, Fitchburg would need to record a liability on its balance sheet to the extent that its contributions (including benefit payments) for other post-employment benefits were less than the Annual Required Contribution (“ARC”) determined in accordance with the GASB standard and described above. The total actuarial liability is determined by a valuation to be performed at least every two years. The total actuarial liability is reduced by any assets set aside to pre-fund the post-retirement benefits, with the resulting unfunded actuarial liability being amortized according to a funding schedule similar to that illustrated in this report.

To be considered a funded system, the retiree medical plan assets must be “segregated and restricted in a trust, or equivalent arrangement, in which (a) employer contributions to the plan are irrevocable, (b) assets are dedicated to providing benefits to retirees and their beneficiaries, and (c) assets are legally protected from creditors of the employers or plan administrator, for the payment of benefits in accordance with the terms of the plan.” (GASB 45, p. 47, “Plan Assets”). Therefore, for Fitchburg to receive “credit” under the GASB accounting standard for assets set aside to pre-fund post-retirement benefits, these assets must be segregated in a trust or other account that is not subject to use for any other purpose by Fitchburg.





## Recommendations and Comments

Post-employment medical benefits are a significant long-term liability that is only now starting to be addressed by Massachusetts government employers. In managing this liability, any governmental entity needs to consider the parameters that can significantly influence the level of the liability. To facilitate such a review, we recommend that Fitchburg maintain a continuing group that is cognizant of the relevant financial and employee benefits issues raised by Gasb Statement No. 45 that will provide leadership to the City. We would recommend that the group review the following:

- 1) Funding Policy: As previously discussed, the funding policy is critical to the valuation not only because it impacts the funds backing the liability but also because it impacts the discount rate that is used to calculate all of the relevant figures. Fitchburg needs to bear in mind that it is the formulation of a funding policy that is essential, not simply the contribution of funds. Of course, if a funding policy is developed, it needs to be implemented, not just formulated. Thus, we recommend that the City maintain a written funding policy that it reviews each year.
- 2) Plan Design: One of the major factors influencing costs is the design of the plans that Fitchburg offers to retirees. To the extent that any part of these plans changes materially, costs may either increase or decrease. In order to keep costs under control, the City should review the design of all its medical plans annually. Changes in plan characteristics such as deductibles, coinsurance levels, out-of-pocket maximums, and covered services can help mitigate the impacts of ever-increasing medical costs. In addition, the City should review the networks it is using to be sure that it is getting the most competitive reimbursement levels available.





3) Contribution Levels: The extent to which the City subsidizes the cost of retiree benefits is one of the most significant factors in the ultimate costs. Currently, retired Fitchburg employees and their spouses pay 25% of the premium cost for their medical insurance (except for surviving spouses, who must pay 51% of the cost). This is right in the middle for Fitchburg's peer entities. It is fairly common for Massachusetts public entities to require about this level of contribution. At the extremes, some municipal entities require as much as 50% for all participants (the most that retirees can be asked to contribute) while other require as little as 10% or 15% (we have seen one entity at 0%). Contribution levels have a double impact on costs. First off, there is a direct relationship between contributions and costs in that higher contribution levels mean that more of the cost of the plan is born by the City. Secondly, higher contribution levels lead to higher participation rates because the plan becomes less costly to the retiree. In the case of cities and towns where a substantial portion of the medical costs are paid by the employer, participation rates tend to be very high. Fitchburg's participation level of 80% for retirees is consistent with what we would expect for a plan where retiree contributions in the middle level.

In general, a very-well subsidized plan will have many participants enrolled at a high cost. Also, to the extent that other employers are cutting back or eliminating their programs, there is increased likelihood that a favorably subsidized plan will be elected by retirees, since no coverage or only very expensive coverage may be available from other sources such as their spouse's employer. There has been a very definite move toward reducing the subsidies paid by Massachusetts public entities.

4) Eligibility: The extent to which retirees are eligible for benefits is another variable that very directly impacts costs. Fitchburg should review its eligibility criteria each year to be sure that they are in accord with City goals for controlling costs and for providing well-deserved benefits for those who have worked for the City. Retirement system policies can also affect the eligibility for benefits. In the case of Fitchburg, the City pays for medical benefits for those who reach ten years of service, even if they do not retire from the City immediately upon separation from service. This will produce a







---

higher liability and ARC for Fitchburg than if only those actually retiring from the City were covered.

In addition to reviewing the above items regularly, we recommend that the City continue working toward an organized method of keeping its data. This is an issue faced by virtually all public entities with respect to GASB Statement No. 45. Some of the typical issues are:

- 1) Be sure that it has a record of those eligible for coverage who do not take coverage. This should cover not only actives who are not enrolled but retired employees who opted out.
- 2) To the extent possible, make sure that all databases can be tied together by a single identifier, such as social security number or employee number. Some entities keep certain data by, for example, social security number, but organize other data on some other basis. This greatly increases the time and effort to tie all the relevant pieces of data together. This need is particularly acute when the records for those in the school system are not kept by Fitchburg directly.
- 3) Although the existing records created problems gathering data for this study, it is our understanding that steps have been added and implemented, such as, purging of files and verification checks ensuring accuracy, which will ease the gathering of data in the future.



---

## SECTION II

### ACTUARIAL VALUATION DETAILS

#### Population Data

A. *DISTRIBUTION BY AGE: INACTIVES, RETIREES, BENEFICIARIES  
AND SURVIVORS (Includes retirees with life only or no coverage)*

Age	Number <sup>(1)</sup>
0-19	0
20-24	0
25-29	1
30-34	0
35-39	1
40-44	2
45-49	5
50-54	11
55-59	83
60-64	178
65-69	180
70-74	125
75-79	115
80-84	122
85-89	83
90-94	27
95-99	5
100+	1
<b>TOTAL</b>	<b>939</b>

<sup>(1)</sup>Includes retirees who have life insurance only in addition to retirees, vested terminees, beneficiaries, and survivors with medical coverage.





**B. FUTURE RETIREES – ACTIVE PARTICIPANTS**

# OF PARTICIPANTS\*

Current Plan	Medicare Eligible	Not Medicare Eligible	Total
No Medical/ Unknown	275	20	295
Indemnity	0	0	0
Managed Care	685	109	794
<b>TOTAL</b>	<b>960</b>	<b>129</b>	<b>1089**</b>

\* “Pre-Medicare eligible” means hired March 31, 1986 or before and “Medicare eligible” means hired after March 31, 1986. Employees hired March 31, 1986 or before do not contribute to Medicare.

\*\* Also there is one active already enrolled in a Medicare plan, making the total actives 1090.

PLAN DEFINITION TABLE

Plan Name	Plan Type	EE Rate <sup>(1)</sup>	FAM Rate <sup>(1)</sup>	Ret Contribution % <sup>(2)</sup>
Blue Care Elect	Commercial Managed Care	\$675.00	\$1,820.00	25.00%
Blue Choice	Commercial Managed Care	\$514.00	\$1,316.00	25.00%
Fallon Select Care	Commercial Managed Care	\$457.50	\$1,235.29	25.00%
Network Blue	Commercial Managed Care	\$460.00	\$1,232.00	25.00%
Fallon Direct Care	Commercial Managed Care	\$424.81	\$1,181.34	25.00%
Enhanced Value	Commercial Managed Care	\$414.00	\$1,108.80	25.00%
Master Medical	Commercial Indemnity	\$943.00	\$2,355.00	25.00%
Medex	Medicare Indemnity	\$352.00	NA	25.00%
Medicare Blue Cross	Medicare Managed Care	\$223.50	NA	25.00%
Fallon Senior Plan	Medicare Managed Care	\$190.00	NA	25.00%

(1) Rates at 1/1/2009

(2) Surviving Spouses pay 51% of the premiums





*Other Post-Employment Benefits Valuation  
as of January 1, 2009*

**C. DISTRIBUTION BY AGE AND SERVICE: ACTIVE PARTICIPANTS**

Age Group	0-4	5-9	10-15	15-19	20-24	25-29	30-34	35-39	40+	Total
<b>0-19</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>20-24</b>	3	0	0	0	0	0	0	0	0	<b>3</b>
<b>25-29</b>	43	6	0	0	0	0	0	0	0	<b>49</b>
<b>30-34</b>	46	43	8	0	0	0	0	0	0	<b>97</b>
<b>35-39</b>	29	41	41	4	0	0	0	0	0	<b>115</b>
<b>40-44</b>	37	39	43	30	13	0	0	0	0	<b>162</b>
<b>45-49</b>	35	30	33	14	32	1	0	0	0	<b>145</b>
<b>50-54</b>	31	45	50	36	31	14	8	0	0	<b>215</b>
<b>55-59</b>	16	24	38	25	30	12	33	7	0	<b>185</b>
<b>60-64</b>	13	16	22	6	18	6	4	5	2	<b>92</b>
<b>65-69</b>	5	7	2	1	4	0	2	0	1	<b>22</b>
<b>70-74</b>	1	0	1	2	0	1	0	0	0	<b>5</b>
<b>75-79</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>80-84</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>85-89</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>90-94</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>95-99</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>100+</b>	0	0	0	0	0	0	0	0	0	<b>0</b>
<b>TOTAL</b>	<b>259</b>	<b>251</b>	<b>238</b>	<b>118</b>	<b>128</b>	<b>34</b>	<b>47</b>	<b>12</b>	<b>3</b>	<b>1090</b>



## SUMMARY OF RESULTS

<b>Actives</b>	
- Already in Medicare	1
- Pre-Medicare Coverage	129
- Post-Medicare Coverage	<u>960</u>
Total	1090
<b>Retired, Disabled, Survivors and Beneficiaries</b>	939

	<b>at 7.50% discount</b>	<b>at 4.25% discount</b>
Active Employees	\$45,089,338	\$85,924,473
Current Retirees	\$65,128,856	\$91,839,890
<b>TOTAL</b>	<b>\$110,218,194</b>	<b>\$177,764,363</b>
<b>Unfunded Accrued Liability</b>		
January 1, 2009	\$110,218,194	\$177,764,363
<b>Normal (Service) Cost as of</b>		
January 1, 2009	\$3,178,945	\$6,592,204



## SUMMARY OF RESULTS

(continued)

Annual Required Contribution (ARC) Calculation		
	At 7.50% discount	At 4.25% discount
Thirty year amortization of UAAL	\$6,036,372	\$6,566,645
Normal Cost	\$3,178,945	\$6,592,204
<b>TOTAL</b>	<b>\$9,215,317</b>	<b>\$13,158,849</b>

### Expected Claims

- Fiscal 2009 \$5,443,728

### Schedule of Funding Progress Other Post-Employment Benefits

(Dollars in Thousands)

Actuarial Valuation Date	Actuarial Value of Assets (a)	Actuarial Accrued Liability (AAL) [Projected Unit Credit] (b)	Unfunded AAL (UAAL) (b-a)	Funded Ratio (a/b)	Covered Payroll (c)	UAAL as a Percentage of Covered Payroll (b-a)/c)
1/1/2009	\$0	\$177,764	\$177,764	0.00%	N/A	N/A



*Other Post-Employment Benefits Valuation  
as of January 1, 2009*

<b>Funding Schedule at 7.50%</b>					
Fiscal Year	Normal Cost <sup>1</sup>	Amortization <sup>2</sup>	Contribution	Year-End AAL	Projected Annual Benefit Cost <sup>3</sup>
2009	3,178,945	6,036,372	9,215,317	111,995,459	5,443,728
2010	3,417,366	6,247,645	9,665,011	113,678,900	5,736,707
2011	3,673,668	6,466,313	10,139,981	115,253,531	6,188,164
2012	3,949,193	6,692,634	10,641,827	116,702,965	6,395,070
2013	4,245,383	6,926,876	11,172,259	118,009,296	6,664,787
2014	4,563,787	7,169,316	11,733,103	119,152,978	6,958,364
2015	4,906,071	7,420,242	12,326,313	120,112,691	7,324,157
2016	5,274,026	7,679,951	12,953,977	120,865,195	7,573,862
2017	5,669,578	7,948,749	13,618,327	121,385,180	7,853,985
2018	6,094,796	8,226,955	14,321,752	121,645,091	8,193,138
2019	6,551,906	8,514,899	15,066,805	121,614,957	8,358,917
2020	7,043,299	8,812,920	15,856,219	121,262,189	8,659,818
2021	7,571,546	9,121,373	16,692,919	120,551,378	8,889,164
2022	8,139,412	9,440,621	17,580,033	119,444,064	9,189,687
2023	8,749,868	9,771,042	18,520,911	117,898,499	9,493,040
2024	9,406,108	10,113,029	19,519,137	115,869,380	9,830,265
2025	10,111,566	10,466,985	20,578,551	113,307,575	10,211,302
2026	10,869,934	10,833,329	21,703,263	110,159,814	10,577,992
2027	11,685,179	11,212,496	22,897,675	106,368,367	10,857,471
2028	12,561,567	11,604,933	24,166,501	101,870,692	11,111,523
2029	13,503,685	12,011,106	25,514,791	96,599,055	11,348,144
2030	14,516,461	12,431,494	26,947,956	90,480,128	11,436,627
2031	15,605,196	12,866,597	28,471,793	83,434,546	11,639,127
2032	16,775,586	13,316,928	30,092,513	75,376,439	11,629,600
2033	18,033,755	13,783,020	31,816,775	66,212,926	11,690,709
2034	19,386,286	14,265,426	33,651,712	55,843,562	11,631,590
2035	20,840,258	14,764,716	35,604,973	44,159,760	11,567,579
2036	22,403,277	15,281,481	37,684,758	31,044,150	11,355,848
2037	24,083,523	15,816,333	39,899,855	16,369,904	11,252,477
2038	25,889,787	16,369,904	42,259,691	0	11,000,638

<sup>1</sup>Assumes 7.50% annual increase in normal cost and a static group of actives

<sup>2</sup>Assumes 3.50% annual increase in amortization payment

<sup>3</sup>The Pay-As-You-Go amount is for the current group of actives and retirees and is shown for the calendar year. It does not include any future hires. It is not directly comparable to the funding contribution but it included for illustrative purposes only. It does illustrate in the short-term, the estimated amount of claims costs for retirees. However, the retiree amount is expected to grow as new employees retire or become disabled.



### Sensitivity Analysis

The results of any actuarial valuation are sensitive to the assumptions used. That is, a change in an actuarial assumption will produce a change in the actuarial accrued liability and/or normal cost each year of the valuation. To illustrate this sensitivity, we performed valuations in which we changed two different inputs: the trend rate and the discount rate.

#### A) Trend Rate Sensitivity

For postretirement medical plans in particular, the calculated actuarial values are highly sensitive to the assumed rate of health care cost trend. This is due to the compounding effect of the annual trend rates assumed for medical costs, as opposed to pension valuations where benefit levels typically remain fixed.

The following table illustrates the effect on our valuation results of a 1% increase or decrease in the assumed rates of health care cost trend in each year.

As of January 1, 2009	Health Care Cost Trend Rates		
	As Reported (4.25%)	+1% Each Year	-1% Each Year
<b>Liability for:</b>			
• Future Retirees	\$85,924,473	\$107,417,459	\$69,624,540
• Current Retirees, Beneficiaries, and Survivors	<u>\$91,839,890</u>	<u>\$103,172,906</u>	<u>\$82,404,221</u>
<b>Total AAL</b>	\$177,764,363	\$210,590,365	\$152,028,761
Normal Cost	\$6,592,204	\$8,479,872	\$5,197,629
<b>Annual Required Contribution for Fiscal Year 2009:</b>	\$13,158,849	\$16,259,115	\$10,813,597

The cumulative effect of a 1% increase in health care cost trend increases the AAL by approximately 18%, the normal cost by 29%, and the ARC by 24%. A 1% decrease in trend would decrease the AAL by 14%, the normal cost by 21% and the ARC by 18%.





*Other Post-Employment Benefits Valuation  
as of January 1, 2009*

---

There is the likelihood – based on historical experience – of significant deviations from the smooth rates of health care cost increase typically projected in any actuarial valuation. Therefore, emerging experience under the plan is likely to differ from the assumptions made as of any valuation date. This will produce actuarial gains and losses each year, even if the underlying assumptions remain reasonable for the future. Amortization of gains and losses will affect the updated funding schedule calculated at any point in the future.



B) Discount Rate Sensitivity

We also examined the sensitivity of the various key numbers to changes in the discount rate. For this testing, we varied the discount rate by 0.50%, or in other words, we used rates of 3.75% and 4.75%. The following table shows the results we obtained:

As of January 1, 2009	Discount Rates		
	As Reported (4.25%)	Plus 0.50% (4.75%)	Minus 0.50% (3.75%)
<b>Liability for:</b>			
• Future Retirees	\$85,924,473	\$76,983,456	\$96,315,633
• Current Retirees, Beneficiaries, and Survivors	<u>\$91,839,890</u>	<u>\$86,573,137</u>	<u>\$97,674,374</u>
<b>Total AAL</b>	\$177,764,363	\$163,556,593	\$193,990,007
Normal Cost	\$6,592,204	\$5,823,820	\$7,497,117
<b>Annual Required Contribution for Fiscal Year 2009:</b>	\$13,158,849	\$12,277,437	\$14,192,199

Thus, the cumulative effect of a 0.50% decrease in the discount rate is to increase the AAL by approximately 9%, the normal cost by 14%, and the ARC by 8%. A 0.50% increase in the discount rate would decrease the AAL by 8%, the normal cost by 12% and the ARC by 7%. It is prudent, and GASB Statement No. 45 requires, an updated actuarial valuation be performed periodically. For an entity of Fitchburg's size, a new valuation will be required at least every two years.



*Other Post-Employment Benefits Valuation  
as of January 1, 2009*

**Breakdown for Groupings and Enterprise Funds**

**Airport**

<b>Fiscal Year</b>	<b>AAL</b>	<b>Normal Cost</b>	<b>Amort.</b>	<b>ARC</b>	<b>OPEB Cost</b>	<b>Contrib.</b>	<b>Change in NOO</b>	<b>NOO</b>
2009	\$500,005	\$28,106	\$18,470	\$46,576	\$46,576	\$9,100	\$37,476	\$37,476
2010	\$541,263	\$29,300	\$20,612	\$49,912	\$50,078	\$9,590	\$40,488	\$77,964

**Water**

<b>Fiscal Year</b>	<b>AAL</b>	<b>Normal Cost</b>	<b>Amort.</b>	<b>ARC</b>	<b>OPEB Cost</b>	<b>Contrib.</b>	<b>Change in NOO</b>	<b>NOO</b>
2009	\$5,194,935	\$151,607	\$191,902	\$343,509	\$343,509	\$132,204	\$211,305	\$211,305
2010	\$5,438,787	\$158,051	\$207,115	\$365,166	\$366,099	\$139,319	\$226,781	\$438,086

**Wastewater**

<b>Fiscal Year</b>	<b>AAL</b>	<b>Normal Cost</b>	<b>Amort.</b>	<b>ARC</b>	<b>OPEB Cost</b>	<b>Contrib.</b>	<b>Change in NOO</b>	<b>NOO</b>
2009	\$5,079,904	\$149,433	\$187,653	\$337,085	\$337,085	\$132,446	\$204,639	\$204,639
2010	\$5,316,352	\$155,784	\$202,453	\$358,236	\$359,141	\$139,574	\$219,567	\$424,206

**School (Including MTRB)**

<b>Fiscal Year</b>	<b>AAL</b>	<b>Normal Cost</b>	<b>Amort.</b>	<b>ARC</b>	<b>OPEB Cost</b>	<b>Contrib.</b>	<b>Change in NOO</b>	<b>NOO</b>
2009	\$101,575,006	\$4,116,670	\$3,752,198	\$7,868,867	\$7,868,867	\$3,137,223	\$4,731,645	\$4,731,645
2010	\$106,980,377	\$4,291,628	\$4,073,934	\$8,365,562	\$8,386,471	\$3,306,064	\$5,080,406	\$9,812,051

**Rest of City**

<b>Fiscal Year</b>	<b>AAL</b>	<b>Normal Cost</b>	<b>Amort.</b>	<b>ARC</b>	<b>OPEB Cost</b>	<b>Contrib.</b>	<b>Change in NOO</b>	<b>NOO</b>
2009	\$65,414,513	\$2,146,388	\$2,416,423	\$4,562,811	\$4,562,811	\$2,032,759	\$2,530,052	\$2,530,052
2010	\$68,356,734	\$2,237,610	\$2,603,102	\$4,840,712	\$4,851,892	\$2,142,160	\$2,709,732	\$5,239,784



### Actuarial Methods and Assumptions

1.	Actuarial Cost Method	Costs are attributed between past and future service using the Projected Unit Credit cost method. For attribution purposes, benefits are assumed to accrue over all employee service until decrement.
2.	Interest Rate/Discount Rate	7.50% per year net of investment expenses for funded program. 4.25% per year net of investment expenses for an unfunded program.
3.	Mortality	<p>Actives: The RP-2000 Mortality Tables (Sex-distinct) for Employees projected 9 years.</p> <p>Retirees: The RP-2000 Mortality Tables (Sex-distinct) for Healthy Annuitants projected 9 years.</p> <p>Disabled: The RP-2000 Mortality Tables (Sex-distinct) for Healthy Annuitants projected 9 years and set forward 2 years</p>

4. Withdrawal Prior to Retirement (all except teachers) Based on age.

<i>Age</i>	<i>Groups 1 and 2</i>	<i>Group 4</i>
25	28.23%	2.85%
30	17.35%	2.48%
35	10.07%	1.88%
40	7.21%	0.84%
45	5.68%	0.06%
50	4.57%	0.00%
55	0.00%	0.00%
60	0.00%	0.00%

5. Withdrawal Prior to Retirement (Teachers) Based on age and years of service. Representative rates are shown.

<i>Male</i>			
<i>Service:</i>	<i>0</i>	<i>5</i>	<i>10</i>
<i>Age</i>			
25	9.00%	4.00%	1.50%
35	11.00	4.80	3.70
45	7.60	4.60	2.50
55	5.04	3.70	1.50



*Other Post-Employment Benefits Valuation  
as of January 1, 2009*

Service:	Female		
	0	5	10
Age			
25	6.30%	9.00%	4.00%
35	13.60	8.30	3.70
45	9.10	5.80	2.50
55	5.04	3.20	1.50

6. Eligibility for Vested Post-Retirement Medical Benefits upon Withdrawal      10 years of Service; assumed that individuals who withdraw prior to age 40 will elect a return of pension contributions and therefore be ineligible for retiree medical coverage
7. Disability Prior to Retirement      The rates shown at the following sample ages illustrate the assumption regarding the incidence of disability. Disability is assumed to be 45% ordinary and 55% accidental for Group 1 and 10% ordinary and 90% accidental for Group 4 and 55% ordinary and 45% accidental for Teachers.

Age	Rate of Disability		
	Groups 1 and 2	Group 4	Teachers
20	0.03%	0.10%	0.004%
25	0.04	0.12	0.004
30	0.06	0.18	0.004
35	0.08	0.26	0.004
40	0.12	0.38	0.004
45	0.18	0.58	0.005
50	0.31	0.98	0.006
55	0.50	1.60	0.006
60	0.61	1.97	0.010



Actuarial Methods and Assumptions  
(Continued)

8a. Rates of Retirement: Non-Teachers

Rates of Retirement			
Age	Groups 1 and 2 Male	Groups 1 and 2 Female	Group 4
50	NA	NA	2.00%
51	NA	NA	2.00%
52	NA	NA	2.00%
53	NA	NA	2.00%
54	NA	NA	5.00%
55	10.00%	10.00%	5.00%
56	3.00%	3.00%	5.00%
57	3.00%	3.00%	5.00%
58	3.00%	3.00%	5.00%
59	5.00%	5.00%	5.00%
60	5.00%	5.00%	10.00%
61	5.00%	5.00%	10.00%
62	10.00%	10.00%	20.00%
63	10.00%	10.00%	20.00%
64	10.00%	10.00%	20.00%
65	100.00%	100.00%	100.00%
66	100.00%	100.00%	100.00%
67	100.00%	100.00%	100.00%
68	100.00%	100.00%	100.00%
69	100.00%	100.00%	100.00%
70	100.00%	100.00%	100.00%



**Actuarial Methods and Assumptions**  
(Continued)

8.b. Rates of Retirement Teachers

<b>Male Teachers</b>			
Service: Age	<20 years	20-29 years	>29 years
50	N/A	1.0%	1.0%
51	N/A	1.0%	1.0%
52	N/A	1.0%	1.0%
53	N/A	1.0%	1.0%
54	N/A	2.0%	3.5%
55	2.0%	3.0%	6.0%
56	4.0%	3.0%	18.0%
57	7.0%	5.0%	30.0%
58	8.0%	7.0%	40.0%
59	9.0%	10.0%	40.0%
60	12.0%	20.0%	35.0%
61	15.0%	30.0%	35.0%
62	18.0%	35.0%	40.0%
63	15.0%	35.0%	40.0%
64	25.0%	30.0%	40.0%
65	40.0%	50.0%	40.0%
66	40.0%	30.0%	40.0%
67	40.0%	30.0%	40.0%
68	40.0%	30.0%	40.0%
69	40.0%	40.0%	40.0%
70	100.0%	100.0%	100.0%



Actuarial Methods and Assumptions  
(Continued)

8.b. Rates of Retirement Teachers (cont'd)

Female Teachers			
Service:	<20 years	20-29 years	>29 years
Age			
50	N/A	1.0%	1.0%
51	N/A	1.0%	1.0%
52	N/A	1.0%	1.0%
53	N/A	1.0%	1.0%
54	N/A	1.0%	3.5%
55	2.0%	4.0%	6.0%
56	4.0%	4.0%	18.0%
57	7.0%	5.0%	30.0%
58	8.0%	7.0%	40.0%
59	9.0%	11.0%	40.0%
60	12.0%	16.0%	35.0%
61	15.0%	20.0%	35.0%
62	18.0%	25.0%	40.0%
63	15.0%	25.0%	40.0%
64	25.0%	30.0%	40.0%
65	40.0%	40.0%	40.0%
66	40.0%	30.0%	40.0%
67	40.0%	25.0%	40.0%
68	40.0%	35.0%	40.0%
69	40.0%	35.0%	40.0%
70	100.0%	100.0%	100.0%





Actuarial Methods and Assumptions  
(Continued)

9. Initial Claim Costs:

Age	Managed Care Commercial Individual	Managed Care Commercial Blended(1)	Indemnity Commercial Individual	Indemnity Commercial Blended(1)	Managed Care Medicare	Indemnity Medicare
55	\$6,418.13	\$11,388.35	\$7,509.59	\$13,271.66	\$1,273.56	\$2,245.69
60	\$7,659.62	\$13,591.26	\$8,962.21	\$15,838.86	\$1,519.91	\$2,680.09
65	\$9,409.05	\$16,695.45	\$11,009.15	\$19,456.40	\$1,867.05	\$3,292.21
70	\$10,907.67	\$19,354.61	\$12,762.62	\$22,555.31	\$2,164.42	\$3,816.57
75	\$12,341.02	\$21,897.96	\$14,439.74	\$25,519.26	\$2,448.84	\$4,318.10
80	\$13,625.49	\$24,177.12	\$15,942.64	\$28,175.32	\$2,703.72	\$4,767.53
85	\$14,320.52	\$25,410.39	\$16,755.87	\$29,612.55	\$2,841.64	\$5,010.73

(1) Rates above age 64 shown for illustrative purposes only.

10. Trend Rates By Plan

Year	Commercial Managed Care	Commercial Indemnity	Medicare Managed Care	Medicare Indemnity
2009	6.44%	0.00%	7.00%	0.00%
2010	9.00%	10.00%	8.00%	9.00%
2011	8.50%	9.50%	7.50%	8.50%
2012	8.00%	9.00%	7.00%	8.00%
2013	7.50%	8.50%	6.50%	7.50%
2014	7.00%	8.00%	6.00%	7.00%
2015	6.50%	7.50%	5.50%	6.50%
2016	6.00%	7.00%	5.00%	6.00%
2017	5.50%	6.50%	5.00%	6.00%
2018+	5.00%	6.00%	5.00%	6.00%



---

## Actuarial Methods and Assumptions (Continued)

11. Medicare Eligibility	Not applicable
12. Participation Rates	<p>Current retirees and spouses are assumed to continue the same coverage they have as of the valuation date. No future election of coverage is assumed for those retirees and spouses who currently have not elected coverage.</p> <p>All Retirees: 80% of the active employees eligible for post-employment medical benefits are assumed to elect coverage immediately upon retirement. 60% of surviving spouses are assumed to enroll in post-employment medical programs. For Life Insurance 80% of the active employees eligible for post-employment benefits are assumed to elect coverage immediately upon retirement.</p> <p>For all Retirees: Of those electing coverage, 85% are assumed to have a covered spouse at retirement. Participants with no or unknown current coverage (e.g. active employees and/or vested inactives who do not currently participate in Fitchburg's medical plans) are assumed to elect retiree coverage at the same rates as currently covered active employees. Medicare-eligible retirees currently under age 65 are assumed to elect a Medicare plan option at age 65.</p>
13. Expenses	Administrative expenses are included in the per capita medical cost assumption.



## Actuarial Methods and Assumptions (Continued)

14. Projections
- The January 1, 2009 valuation was not adjusted for timing when determining the funding schedule at Fitchburg. This means that the Pay-as-you-go amount as well as the Actuarial Valuation results have not been modified for interest or any other timing factor in our presentation.
15. Massachusetts Teachers Retirement System (MTRS)
- In this report, members of the Massachusetts Teachers Retirement System are sometimes referred to as Teachers.



---

### Principal Plan Provisions Recognized in Valuation

- |    |                          |   |
|----|--------------------------|---|
| 1. | Eligibility for Benefits | <p>Current retirees, beneficiaries and spouses of Fitchburg are eligible for medical benefits.</p> <p>Current employees or spouses who retiree with a benefit from the Fitchburg Retirement System or the Massachusetts Teachers' Retirement System.</p> <p>Survivors of Fitchburg employees and retirees are also eligible for medical benefits.</p> |
| 2. | Medical Benefits         | Various medical plans offered by Fitchburg to its own employees.  |
| 3. | Life Insurance           | Fitchburg retirees are eligible for a \$10,000 life insurance benefit offered by Fitchburg, provided the retiree makes the required contributions. Each employee pays 25% of the premium.   |
| 4. | Retiree Contributions    | Based on data provided by Fitchburg.  |





---

## Glossary

Actuarial Accrued Liability	The portion, as determined by a particular Actuarial Cost Method, of the present value of benefits which is not provided for by future Normal Costs.
Actuarial Assumptions	Assumptions as to the occurrence of future events affecting Other Post-employment Benefits such as: mortality rates, disability rates, withdrawal rates, and retirement rates, the discount assumption, and the trend rates.
Actuarial Cost Method	A procedure for determining the Actuarial Present Value of Total Projected benefits and for developing an actuarially equivalent allocation of such value to time periods, usually in the form of a Normal and an Actuarial Accrued Liability.
Amortization Payment	The portion of the OPEB contribution designed to pay interest and to amortize the Unfunded Actuarial Accrued Liability.
Annual OPEB Cost	The accrual-basis measure of the periodic cost of an employer's participation in a defined-benefit OPEB plan.
Annual Required Contribution (ARC)	The employer's periodic contributions to a defined benefit OPEB plan, calculated in accordance with the parameters defined in GASB 45. This is defined as the sum of the Normal Cost and the Amortization payment.
Commercial Plans	Plans designed to cover the medical expenses of those not otherwise covered by Medicare.
GASB	The Governmental Accounting Standards Board is the organization that establishes financial reporting standards for state and local governments.



---

**Glossary**  
(continued)

Investment return Assumptions (Discount Rate)	The rate used to adjust a series of future benefit payments to reflect the time value of money. Under GASB 45, this rate is related to the degree to which the OPEB program is funded.
Healthcare Cost Trend Rate	The rate of change in per capita health claims costs over time as a result of factors such as medical inflation, utilization of healthcare services, the intensity of the delivery of services, technological developments, and cost-shifting.
Medicare Plans	Medical plans sold to those over 65 who are also covered by Medicare. These plans are supplemental to the Medicare plan, which is considered primary.
Net OPEB Obligation	The cumulative difference, since the effective date of GASB 45, between the annual OPEB cost and the employer's contributions to the plan.
Normal Cost	The portion of the Actuarial Present value of plan benefits that is allocated to a valuation year by the Actuarial Cost Method.
OPEB	Other Postemployment benefits other than pensions. This does not include plans such as severance plans or sick-time buyouts.
Pay-as-You-Go	The amount of benefits paid out to plan participants during the year.
Per Capita Claims Cost	The current average annual cost of providing postretirement health care benefits per individual.
Unfunded Actuarial Accrued Liability	The portion of the Actuarial Accrued Liability that is not covered by plan assets. For a plan that is completely unfunded, this amount is equivalent to the Actuarial Accrued Liability.
Valuation Date	The point from which all future plan experience is projected and as of which all present values are calculated.



## Acknowledgement of Qualifications

I, Lawrence Stone, am a consultant for Stone Consulting, Inc. I am a member of the American Academy of Actuaries and meet the Qualification Standards of the American Academy of Actuaries to render the actuarial opinion contained herein.

---

Lawrence B. Stone  
Member, American Academy of Actuaries

5 West Mill Street, Suite 5  
Medfield, MA 02052  
Tel. (508) 359-9600  
Fax. (508) 359-0190  
E-mail [Lstone@stoneconsult.com](mailto:Lstone@stoneconsult.com)